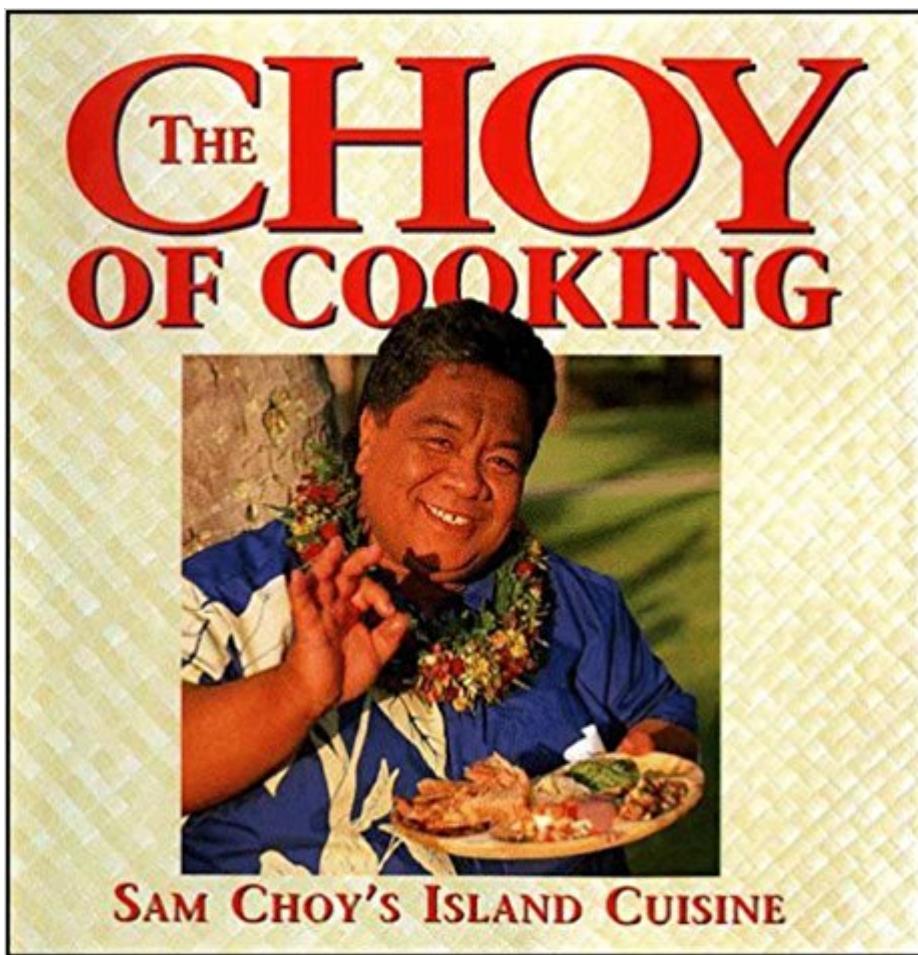


The book was found

# The Choy Of Cooking: Sam Choy's Island Cuisine



## **Synopsis**

A great cookbook.

## **Book Information**

Hardcover: 240 pages

Publisher: Mutual Publishing; 1st edition (November 1, 1996)

Language: English

ISBN-10: 1566471281

ISBN-13: 978-1566471282

Product Dimensions: 1 x 10.5 x 10.5 inches

Shipping Weight: 2.6 pounds

Average Customer Review: 4.7 out of 5 stars 7 customer reviews

Best Sellers Rank: #1,073,031 in Books (See Top 100 in Books) #70 in Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > Hawaii #876 in Books > Cookbooks, Food & Wine > Special Diet > Low Fat

## **Customer Reviews**

A great cookbook.

I had this book and loaned it to a friend. Well....anyway, I had to replace it and thank goodness I could find it here on !! Love the recipes but especially love the mango salsa recipe and macadamia nut fish.

Great old style Hawaiian/Chinese recipes

I ordered this book after having one of the best meals of my life at Sam Choy's restaurant in Honolulu. The very day that I got the book in the mail, I had made Asian Fajitas that had my wife praising my cooking skills. I mention the Asian Fajitas because it is a good example of what sets this book apart from others. Hawaii, situated halfway between East and West, surrounded by ocean, is the backdrop for exciting new recipies that will leave your family and friends impressed. I highly recommend this book. It is well worth both the price and the 2 week special order wait!

Sam is the MAN when it comes to island cooking. Nice variety of dishes, clear instructions and great cultural and family side notes that really do prove that this cuisine is a "Choi"!

I love this cook book. I love Sam Choy's recipes. I have bought copies of this book for several friends and family members!

Back in March 1997, I met the author of this week's cookbook review. Sam Choy a Hawaiian native and down-to-earth chef is the author of *The Choy of Cooking* published by Mutual Publishing. Choy lives in Kona where he has one of his Sam Choy's Restaurant (others are in Tokyo, Honolulu and Oahu ). This the second book by this author who has many ties to the Philadelphia region. No expense has been spared for this cookbook, with full color pictures on almost every page and printed on a high gloss paper. When I met Sam, I had a few minutes to talk to him and he truly loves what he does. During the dinner that he had prepared, I had an opportunity to sample three of the dishes from this book. Bella Mushroom Salad that featured Arugula and lettuce mounded high with roasted red pepper and scattered slices of Portobello mushrooms. Circling the salad was a dressing based on plum tomatoes and garlic. Topping the entire salad was fresh grated cheese. Then I tried a fabulous Ginger, Ginger Steamed Mussels. The mussels were tender and almost sweet. The juice had flavors of ginger, cilantro and onion giving the soup an almost lime twang, making this an outstanding dish. The last item was a dessert listed in the book as Macadamia Nut Dried Papaya Bread Pudding, a work of art offering a dense but mostly moist piece of bread pudding surrounded by a medley of pineapple and mango chunks as well as strawberry halves with whipped cream almost offering three separate desserts to create one masterpiece. Other items in the cookbook include: Summer 'Ahi (yellowfin tuna) Tartare, Wok Barbecue Shrimp with Pepper-Papaya-Pineapple Chutney, Crab and Shrimp Stuffed Shitake Mushrooms with BÃƒÂ©arnaise Sauce, Korean-Style Tako Poke, Bella Mushroom Salad, Gingered Scallops with Colorful Soba Noodles, Sesame Ginger Snap Peas, Pan-Fried Spicy Eggplant, Beef or Pork Lu'au Stew, Baked Whole Opakapaka with Coconut Milk, and Chocolate Macadamia Cream Cheese Pie. *The Choy of Cooking* truly is a joy to cook with. The recipes are marvelous and tasty bring some flavors that are designed to tempt the palate. In what appears to be an attempt to improve upon his first book, *Cooking from the Heart*, Sam Choy brought in a new co-writer and book designer while bringing back his incredible photographer and food stylist to create the well conceived and thought out cookbook. If you are into Oriental foods and want a unique cookbook on your shelf, this may be another one that you may want on that shelf

This is the best cook book I have ever used. It not only has many good tasting receipts, but teaches

cooking techniques and fat reduction ideas. Everyone should own this one!!!

[Download to continue reading...](#)

The Choy of Cooking: Sam Choy's Island Cuisine Southern Cooking: Southern Cooking Cookbook - Southern Cooking Recipes - Southern Cooking Cookbooks - Southern Cooking for Thanksgiving - Southern Cooking Recipes - Southern Cooking Cookbook Recipes Sam Choy's Island Flavors Welcome to Korean Food World: Unlock EVERY Secret of Cooking Through 500 AMAZING Korean Recipes (Korean Cookbook, Korean Cuisine, Korean Cooking Pot, Asian Cuisine...) (Unlock Cooking, Cookbook [#8]) Sam Choy's Little Hawaiian Poke Cookbook Sam Choy's Little Hawaiian Cookbook for Big Appetites Welcome to Japanese Food World: Unlock EVERY Secret of Cooking Through 500 AMAZING Japanese Recipes (Japanese Coobook, Japanese Cuisine, Asian Cookbook, Asian Cuisine) (Unlock Cooking, Cookbook [#7]) Classic Hungarian Goulashes: Deliciously Decadent Hungarian Cuisine(hungarian recipes, hungarian recipe book, hungarian cookbook, hungarian cooking book, hungarian books, hungarian cuisine, hungarian Sam's Hero (The "Sam" Series Book 2) 2014 Scott Standard Postage Stamp Catalogue Volume 5: Countries of the World N-Sam (Scott Standard Postage Stamp Catalogue Vol 5 Countries N-Sam) Scott 2015 Standard Postage Stamp Catalogue Volume 5: Countries of the World N-Sam (Scott Standard Postage Stamp Catalogue Vol 5 Countries N-Sam) 2016 Scott Catalogue Volume 5 (Countries N-Sam): Standard Postage Stamp Catalogue (Scott Standard Postage Stamp Catalogue Vol 5 Countries N-Sam) Sam Hunt: Flying High to Success, Weird and Interesting Facts on Sam Lowry Hunt! 2016 Good Sam RV Travel & Savings Guide (Good Sam RV Travel Guide & Campground Directory) 2017 Good Sam RV Travel & Savings Guide (Good Sam RV Travel & Savings Guide: The Must-Have RV Travel) Cooking for One Cookbook for Beginners: The Ultimate Recipe Cookbook for Cooking for One! (Recipes, Dinner, Breakfast, Lunch, Easy Recipes, Healthy, Quick Cooking, Cooking, healthy snacks, deserts) Cooking for Two: 365 Days of Fast, Easy, Delicious Recipes for Busy People (Cooking for Two Cookbook, Slow Cooking for Two, Cooking for 2 Recipes) Welcome to Spanish Food World: Unlock EVERY Secret of Cooking Through 500 AMAZING Spanish Recipes (Spanish Food Cookbook, Spanish Cuisine, Diabetic Cookbook in Spanish,...) (Unlock Cooking [#19]) Southeast Asian Cooking: Bundle of 120 Southeast Asian Recipes (Indonesian Cuisine, Malaysian Food, Cambodian Cooking, Vietnamese Meals, Thai Kitchen, Filipino Recipes, Thai Curry, Vietnamese Dishes) Southeast Asian Cooking: Bundle of 120 Southeast Asian Recipes (Indonesian Cuisine, Malaysian Food, Cambodian Cooking, Vietnamese Meals, Thai Kitchen, ... of recipe books from Southeast Asia!

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)